

## CONTRACT

---

With all our students' we make a contract so both parties know and agree about what expects when you participate in the courses.

Björn Nylund, sport coordinator at Yrkesinstitutet Prakticum

Karl Ögland, remedial teacher at Yrkesinstitutet Prakticum



## TABLE OF CONTENTS

ESPORTS CONTRACT Yrkesinstitutet Practicum .....	3
Applicant .....	3
Agreement .....	3
Signature .....	4
Decision .....	4

## ESPORTS CONTRACT YRKESINSTITUTET PRAKTICUM

### Applicant

Student name: .....  
Education: .....  
Started: .....  
Esport game: .....  
Class or group: .....

Practicum, in collaboration with the Finnish e-sport federation SEUL ry, offers flexible study and training opportunities for athletes aiming at the national and international summit. The training is a privilege for Practicum students in both Helsinki, Espoo and Porvoo.

The choice for the e-Sports Course takes place after the admission and during the first period. Students may receive training rights, subject to the conditions, even at a later date. Correspondingly, training rights may be deducted if the student fails to meet the requirements or if the training motivation is insufficient. The school's study guide provides additional information about the studies and e-sports profiling.

### Agreement

Athletes with e-sports profiling at Practicum undertake to sign the following contracts:

- Students commit to a sporting lifestyle. Students are taking a healthy diet and adequate sleep. Students aim for their own schedule to provide enough room for training, study and rest.
- Students participate in teaching, if students have not applied for permission or agreed with the subject teacher, there may be absence. If students are illegally absent from the lessons or become in the studies, this leads to a discussion that has consequences for the training opportunities.
- Students with training rights should make progress in their study plan and should behave well and representative of their own and school's best interests. Students should be responsible for the school's materials and spaces and comply with the school's general rules.
- When you represent the school on competitions, training, social media or visiting it is school time. The contract also covers such events.
- Drugs and doping do not promote the development of young athletes and do not belong to the lifestyle of a goal-oriented sporting athlete. The school reacts sharply if students use drugs during school hours or during school trips and events. In the event of abuse of the rules, there will be consequences in the form of training rights.
- Esport student is required to submit training-, sleep- and diet diaries according to the agreed directives.

## Signature

I have familiarized myself with the rules of the Practicum sports contract. I agree to the rules and commit me to follow them. In case of abuse of the rules, students are called for an individual conversation, after which decisions are made of the consequences of classmates, sports coordinators, e-sports coordinators or the principal

---

Place and date

Student's signature

Read and Accepted:

---

Custodian's signature and name clarification

---

Personal trainer's signature and name clarification

## DECISION

Students have been assigned training rights:

Date \_\_\_\_ - \_\_\_\_ - \_\_\_\_\_ Approved by \_\_\_\_\_